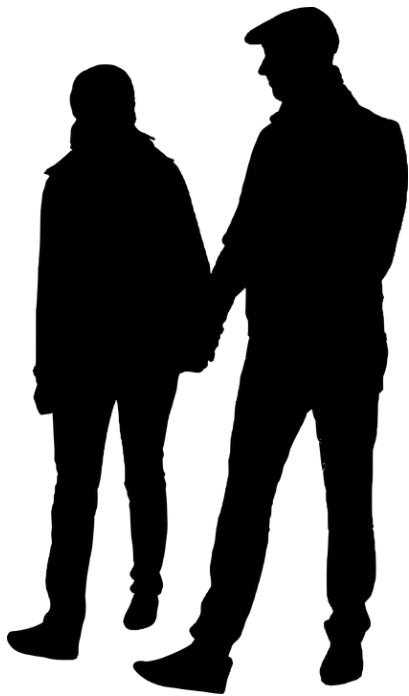


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Suicide Bereavement Group

Have you recently lost a family member or friend to suicide? Join us to explore coping strategies, responses, and timelines for healing.



NAMI-NYC provides this free support group for those who have lost a loved one to suicide.

This group provides family and friends with a supportive environment where you can talk about your thoughts and feelings, and share your experiences with others who are coping with the same emotions and issues.

This is a closed, time-limited group, and open only to family and friends who have lost a loved one to suicide. You must contact our Helpline to register.

6–7:30p

Tuesday
each week for
10 weeks

Meets at
NAMI-NYC
505 8th Ave.
at W. 35th

To find out if this group is right for you, please contact our Helpline at **212-684-3264** or **helpline@naminyc.org**.



New York City Metro

NAMI-NYC helps individuals and families affected by mental illness build better lives through education, support, and advocacy. **Learn more at www.naminyc.org**



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