



# Wellness Survey for Public Safety Personnel

The U.S. Marshals Service,  
Fairfax County Police  
Department, and Nova  
Southeastern University  
invite you to participate in a  
national survey to assess the  
impact of public safety work  
on individual wellbeing.



Corrections  
Dispatch  
EMS  
Wildland Firefighters  
Fire & Rescue  
Police  
Military

## Why are we doing this survey?

Given their repeated exposure to potentially traumatic events, there is an overwhelming need to address the wellness of public safety professionals. Specific goals include learning how exposure to these events affects front-line personnel and identifying techniques for effectively handling work-related stressors.

## How to Participate

1. Designate a point of contact for your organization
2. Submit a list of work email addresses for all adult (age 18+) public safety employees in your organization to [USMS.BAU@usdoj.gov](mailto:USMS.BAU@usdoj.gov)
3. A study representative will confirm your participation and provide further instructions

Data summaries specific to your organization will be available upon request at the conclusion of this initiative.



## **Will this study make a difference?**

Yes. It's worth your time.

It is imperative that we learn how to prevent stressors from "taking hold" in the lives of public safety professionals, as well as determine which coping strategies are the most effective in helping them stay psychologically safe. These issues are important; they deserve real answers that can be derived only from rigorous study.

The knowledge we acquire will allow mental health practitioners to develop better prevention programs and more effective intervention strategies. The results also will be used to guide needed changes in policy and legislation, strengthen the focus on wellness and prevention, and assist in understanding how cultural changes may reduce the stigma involved with seeking treatment.

## **For whom is this survey intended?**

This survey should be completed by active federal, state, local, and tribal law enforcement, corrections, fire and rescue, emergency medical services, and public safety communications personnel, including military service members and veterans who now serve in a public safety role. Participants must be 18 year of age or older.

## **What data will be collected?**

Participants will receive a unique link asking them to take a voluntary 30- to 40-minute survey about traumatic experiences, life stressors, coping mechanisms, and measures of current mental health. Everyone's responses will be recorded anonymously - researchers will not know who took the survey, and who declined.

## **For more information:**

United States Marshals Service, Behavioral Analysis Unit: [USMS.BAU@usdoj.gov](mailto:USMS.BAU@usdoj.gov)

Fairfax County Police Department: [FCPDNationalSurvey@fairfaxcounty.gov](mailto:FCPDNationalSurvey@fairfaxcounty.gov)